

SPEAKER BIO

Stephen A. Black, M.Ed., PT, ATC/L, NSCA-CPT

Stephen A. Black is an entrepreneurial expert in the health care vocation. Steve has 25+ years experience in the health and wellness industry, has traveled the world promoting healthy lifestyles and providing expert insight and research in areas related to rehabilitation, fitness and sports specific training. He has worked with professional teams including NFL, NBA, NHL, WNBA and ABL/NBL affiliates.

Two of Steve's latest ventures include launching ClubCoach.net and serving as a lifestyle coach to executives determined to simplify their lives and embark on a pathway to health and prosperity.

As a Physical Therapist, Athletic Trainer and Strength and Conditioning Coach, Steve utilizes his expertise and experience to the benefit of his clients. Currently Steve oversees clinical and research operations at Rocky Mountain High Performance Center (RMHPC), an exercise testing and prescription facility located in Boulder, Colorado. RMHPC provides individualized programs for athletes, weekend warriors, and post-rehab clients.

Steve is a much sought after and respected presenter to the health and wellness industry conventions, and is a frequent author in trade publications. He serves as an advisor to several health and fitness organizations and non-profit entities.

In his spare time Steve enjoys recreational activities such as running, cycling, swimming, skiing and experiential activities that lead to a balanced/integrated lifestyle. He has completed multiple endurance events including the Ironman World Championship in Kona, Hawaii. Steve's passion is in assisting others achieve the lifestyle they aspire to.

85 word BIO

Stephen Black is a physical therapist, athletic trainer and strength and conditioning coach. He has 25+ years in the health and wellness industry, and has focused on research in areas related to rehabilitation, fitness and sports specific training. He has worked with professional teams including NFL, NBA, NHL, WNBA and ABL/NBL affiliates. Currently Steve oversees clinical and research operations at Rocky Mountain High Performance Centre (RMHPC), an exercise testing and prescription facility located in Boulder, Colorado. He recently launched clubcoach.net, a lifestyle coaching enterprise.

40 word BIO

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